

Ingredients:

- 1 tablespoon olive oil
- 1 onion, chopped
- 2 cloves garlic, minced
- 1 inch ginger, grated
- 1 teaspoon ground cumin
- 1 teaspoon ground coriander
- 1/2 teaspoon turmeric
- 1 can (13.5 oz) coconut milk
- 1 cup vegetable broth
- 1 cup mixed vegetables (carrots, peas, corn, etc.)
- 1 cup cooked quinoa
- Salt and pepper to taste
- Fresh cilantro for garnish (optional)

Creamy Quinoa and Vegetable Curry

Instructions:

- 1. Heat olive oil in a large pot over medium heat. Add onion, garlic, and ginger; cook until softened.
- 2. Stir in cumin, coriander, and turmeric; cook for 30 seconds to 1 minute.
- 3. Add coconut milk, vegetable broth, and mixed vegetables; bring to a simmer.
- 4. Stir in cooked quinoa and season with salt and pepper.
- 5. Simmer for 10-15 minutes, or until vegetables are tender.
- 6. Garnish with fresh cilantro or topping of choice before serving.

