American Lung Association.



New! Training for parents: Talking to Your Child About Vaping: A Guide for Parents, Guardians, and Caregivers



The American Lung Association's course Talking to Your Child About Vaping: A Guide for Parents, Guardians, and Caregivers is a free one-hour interactive online learning module designed to help parents, guardians and caregivers talk to their child, ages 8 to 20, about vaping and nicotine product use including e-cigarettes, vaping devices and oral nicotine pouches. Whether you are seeking to prevent your child from ever starting or needing to intervene with a child with a history of use, this training will provide you with the knowledge, skills and confidence to have an impactful conversation with your child.

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This program will teach participants to:

- Recognize the signs that your child is using tobacco or nicotine-based products,
- Deliver an impactful message in an effective way to prevent or intervene, and
- Utilize resources for prevention, or to effectively intervene and support a child during the quitting process.

Visit Lung.Training to access this free on-demand training today!