

Treatment Goals

Treatment for EGPA can help ease symptoms, preventing complications and relapse. The goal of treatment is remission, meaning that the condition is no longer causing damage to your organs. If you achieve remission, you need to continue to see your healthcare provider regularly to ensure your disease is well managed.

Symptom Tracker

Use this to track and manage your symptoms and side effects. Take this with you to your doctor’s appointment to talk to your healthcare provider about how to best manage your symptoms. Report any new symptoms or changes in your health right away.

Circle the symptoms and side effects that are most worrisome to you.

EGPA Symptoms and Side Effects	How I Manage These Symptoms
Feeling ill and tired	
Weight loss or weight gain or change in appetite	
Fever	
Asthma and/or sinus polyps	
Shortness of breath	
Coughing	
Chest pain	
Rashes	
Muscle and/or joint pain	
Nasal discharge or facial pain	
Abdominal pain or bloody stools	
Numbness, tingling or loss of strength	
Mood changes	
Other symptoms/side effects	



General changes: List any general changes in your life such as your sleep, exercise, use of supplemental oxygen, or ways you are managing your disease.



Questions for your doctor at your next visit. Use this space to write down questions you have about your treatment plan or health. Protecting yourself from infections is also an important part of managing your EGPA. Ask your doctor what vaccinations are right for you.



My next appointment to review my EGPA treatment plan is: _____

Educational support provided by AstraZeneca and GlaxoSmithKline

Learn more at Lung.org/egpa

