

New! Training for parents: Talking to Your Child About Vaping: A Guide for Parents, Guardians, and Caregivers



The American Lung Association's course *Talking to Your Child About Vaping: A Guide for Parents, Guardians, and Caregivers* is a free one-hour interactive online learning module designed to help parents, guardians and caregivers talk to their child, ages 8 to 20, about vaping and nicotine product use including e-cigarettes, vaping devices and oral nicotine pouches. Whether you are seeking to prevent your child from ever starting or needing to intervene with a child with a history of use, this training will provide you with the knowledge, skills and confidence to have an impactful conversation with your child.

This program will teach participants to:

- Recognize the signs that your child is using tobacco or nicotine-based products,
- Deliver an impactful message in an effective way to prevent or intervene, and
- Utilize resources for prevention, or to effectively intervene and support a child during the quitting process.

One of the highlights of this learning module is the Parent Investigator – Vapor Trail Game. This interactive game allows participants to search for signs of tobacco use in a child's bedroom.

Talking to Your Child About Vaping: A Guide for Parents, Guardians, and Caregiver also offers three different modules: Overview, Prevention, and Intervention. Users will be able to choose their pathway. If they are interested in just tobacco use prevention, they can choose Module 2: Prevention. If they have already spotted a problem with their child using tobacco products, they can choose Module 3: Intervention. Users can choose to take all modules as well, which we recommend they do.

Visit [Lung.Training](https://www.lung.org/training) to access this free on-demand training today!

